

Unit 17 — English for American Football

Blitz

A sudden charge by the defense to disrupt the play.

"The defense called for a blitz to pressure the quarterback."

Coach

The individual responsible for training and strategizing.

"The coach made a crucial timeout call."

Defense

The team tasked with stopping the offense from scoring.

"A solid defense is essential to win games."

Extra point

A kick attempted after a touchdown for an additional point.

"After the touchdown, the team lined up for an extra point."

Field

The playing surface of the game.

"The field was in perfect condition for play."

Field goal

A score achieved by kicking the ball through the goalposts.

"He lined up for a crucial field goal attempt."

Huddle

A brief meeting where the team discusses strategy.

"The players gathered in a huddle before the next drive."

Interception

When a defensive player catches a pass meant for an opponent.

"An interception turned the game in their favor."

Linebacker

A defensive player who lines up behind the defensive line.

"The linebacker was quick to react to the play."

Offense

The team that is trying to score points.

"The offense executed the play flawlessly."

Penalty

A punishment for breaking the rules.

"The referee called a penalty for holding."

Quarterback

The leader of the offense who throws or hands off the ball.

"The quarterback led his team with determination."

Receiver

A player who catches passes from the quarterback.

"The receiver made an amazing catch in traffic."

Sack

Tackling the quarterback behind the line of scrimmage.

"The defense recorded an impressive sack."

Safety

A score resulting from the defense tackling an opponent in their own end zone.

"The play ended in a safety, giving points to the defense."

Scrimmage

A practice game or drill used to prepare for competition.

"The team held a scrimmage before the official game."

Snap

The act of starting the play by passing the ball from the center to the quarterback.

"The snap was quick and precise."

Tackle

To bring down an opponent in possession of the ball.

"A well-timed tackle stopped the advance."

Timeout

A break in play requested by the team.

"They called a timeout to regroup and plan the next move."

Touchdown

Scoring by carrying or catching the ball in the opponent's end zone.

"The quarterback threw a pass that resulted in a touchdown."