

## Unit 21 — English for Skiing

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### Avalanche

A sudden flow of snow down a mountain.

"Always check the avalanche forecast before skiing off-piste."

### Bindings

The mechanism that connects the boots to the skis.

"Check your bindings before each run to ensure they are secure."

### Black diamond

A ski run marked with a black diamond, indicating it is difficult.

"Only experienced skiers should attempt a black diamond run."

### Boots

Specialized footwear that attaches to skis.

"Make sure your boots are properly fitted for comfort and control."

### Carve

To turn smoothly on skis, using the edges.

"She carved effortlessly down the slope."

### Edge

The side of the ski that grips the snow.

"Using the edge effectively is essential for control."

### Fall line

The most direct route down a slope.

"Always be aware of the fall line."

### Goggles

Protective eyewear worn to shield the eyes from sun, wind, and snow.

"She put on her goggles to protect her eyes from the glare."

### Groomed

A slope that has been prepared by machine.

"The groomed runs are perfect for beginners."

**Helmet**

Protective headgear to prevent head injuries.

"Wearing a helmet is essential for safety on the slopes."

**Ice**

Frozen water forming a slippery surface.

"Be careful, there is a patch of ice on that slope."

**Moguls**

Bumps on a ski slope formed by skiers turning.

"Skiing through moguls is challenging and fun."

**Off-piste**

Skiing away from marked or prepared runs.

"Off-piste skiing requires experience and caution."

**Parallel turn**

A skiing technique where skis remain parallel during a turn.

"He demonstrated a perfect parallel turn."

**Poles**

Handheld sticks used for balance and propulsion.

"He used his poles to push himself along the flat section."

**Powder**

Fresh, uncompacted snow.

"Skiing through powder is an amazing experience."

**Run**

A designated path down a ski slope.

"They chose an advanced run to challenge themselves."

**Ski lift**

A mechanical system for transporting skiers up a mountain.

"They rode the ski lift to the summit."

**Skis**

Long, flat runners attached to boots for gliding on snow.

"She clicked into her skis and headed down the slope."

**Slope**

A snow-covered hill or mountain suitable for skiing.

"The slope was groomed perfectly for skiing."