Unit 21 — English for Skiing

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Avalanche

A sudden flow of snow down a mountain.

"Always check the avalanche forecast before skiing off-piste."

Bindings

The mechanism that connects the boots to the skis.

"Check your bindings before each run to ensure they are secure."

Black diamond

A ski run marked with a black diamond, indicating it is difficult.

"Only experienced skiers should attempt a black diamond run."

Boots

Specialized footwear that attaches to skis.

"Make sure your boots are properly fitted for comfort and control."

Carve

To turn smoothly on skis, using the edges.

"She carved effortlessly down the slope."

Edge

The side of the ski that grips the snow.

"Using the edge effectively is essential for control."

Fall line

The most direct route down a slope.

"Always be aware of the fall line."

Goggles

Protective eyewear worn to shield the eyes from sun, wind, and snow.

"She put on her goggles to protect her eyes from the glare."

Groomed

A slope that has been prepared by machine.

"The groomed runs are perfect for beginners."

Helmet

Protective headgear to prevent head injuries.

"Wearing a helmet is essential for safety on the slopes."

Ice

Frozen water forming a slippery surface.

"Be careful, there is a patch of ice on that slope."

Moguls

Bumps on a ski slope formed by skiers turning.

"Skiing through moguls is challenging and fun."

Off-piste

Skiing away from marked or prepared runs.

"Off-piste skiing requires experience and caution."

Parallel turn

A skiing technique where skis remain parallel during a turn.

"He demonstrated a perfect parallel turn."

Poles

Handheld sticks used for balance and propulsion.

"He used his poles to push himself along the flat section."

Powder

Fresh, uncompacted snow.

"Skiing through powder is an amazing experience."

Run

A designated path down a ski slope.

"They chose an advanced run to challenge themselves."

Ski lift

A mechanical system for transporting skiers up a mountain.

"They rode the ski lift to the summit."

Skis

Long, flat runners attached to boots for gliding on snow.

"She clicked into her skis and headed down the slope."

Slope

A snow-covered hill or mountain suitable for skiing.

"The slope was groomed perfectly for skiing."